

HANG ON IN THERE

A Poem by Paula O'Sullivan

*Oh please hang on,
hang on in there,
dear friend,
even though things
may seem tattered and torn
at your end.*

*Oh please hang on,
don't take fright,
even though it
may seem
like night,
look for me,
I'll be your light.*

*I'll shine for you,
my dear friend,
I'll be there for you
till the end,
on my support,
you can depend.*

*Don't feel lonely,
don't feel sad,
things aren't always
really that bad,
sometimes we make*

*things worse
you see,
when we let our thoughts
of worry and fear
run free.*

*Oh dear friend,
don't feel blue,
don't you know
I'm there for you?
I'll help you
any way I can
too.*

*Take my hand
dear friend,
walk with me,
we'll build each
other up slowly,
together we'll get
stronger
day by day,
take my hand
dear friend,
don't walk away.*